

Pumpkin Bars

Ingredients

Baking mix (tested with DP)	2 cups
Sugar	1 ½ cups
Baking powder	2 tsp
Baking soda	1 tsp
Egg replacer	2 Tbsp
Cinnamon, ground	2 tsp
Cloves, ground	¼ tsp
Nutmeg, ground	¼ tsp
Salt	¼ tsp
Water	¾ cup
Oil, canola	¾ cup
Pumpkin, canned	16 ounces (1 can)

Directions

1. Heat oven to 350 °F.
2. Combine all dry ingredients in a mixing bowl and mix with a wire whisk.
3. Combine water, oil and pumpkin and mix with electric mixer.
4. Slowly add dry ingredients to pumpkin mixture while mixing with electric mixer. When dry ingredients are mixed in, turn mixer on high and beat until batter is smooth.
5. Spread batter onto an *ungreased* 9"x 13" pan and bake for 35 minutes.
6. Cut into 32 squares when cool.

Nutrition Facts

	Per Recipe	Per Square
Calories:	4148	130
Total Protein:	5.9 grams	0.2 grams
Phe:	171 mg	5 mg (1/2 exchange)
Leu:	248 mg	8 mg (1/2 exchange)