

Low Protein “Farm to Table” Cooking Event



You are Invited!

Join Chef Manuel for a tour of his farm, where you'll harvest your own vegetables and watch him turn them into delectable, simple, and healthy dishes for PKU.

When?

Sunday, September 12th, 2010
1:00-5:00 pm

Where?

On the farm!
Manuel's Bread Café
505 Railroad Avenue
North Augusta, SC 29841
(Directions on back)

Why?

- Learn great new recipes and tips
- Meet others with PKU and their families
- Learn about Kuvan from experienced dietitians and patients
 - Win a great giveaway!



Please RSVP with names and number attending by September 3rd

Erica Stelten, RD, LD (BioMarin)

estelten@bmrn.com

404-242-9720

Georgia PKU Connnet, Medical College of Georgia, Greenwood Genetics Center, and BioMarin have joined forces to bring you this unique, fun, and educational event for PKU families. We promise to make it worth the drive!!

Sponsored by BioMarin

Directions to Manuel's Bread Café (505 Railroad Ave, N. Augusta, SC 29841) 803-380-1323

Please contact Erica Stelten @ estelten@bmrn.com or 404-242-9720 if transportation cost is an issue or for help with directions from a different location. Most of us are all traveling from afar, but we promise it will be worth the drive!

From Augusta, SC

Take I3th street toward GA/SC border. After crossing into SC, take Georgia Ave 0.5 miles. Turn left at Bluff Ave; go 0.5 miles. Turn left at Crystal Lake Drive; go 0.4 miles. Stay on Crystal Lake Drive as it turns left and then right. Turn right onto Railroad Ave. Manuel's Bread Café is on the left.

From Atlanta, GA (150 miles)

Take I-20 E (145 miles). Take exit I toward N. Augusta. Merge onto Martintown Road; go 3 miles. Turn right at Georgia Ave; go 0.8 miles. Turn right at W. Buena Vista Ave; go 0.4 miles. Turn left at Crystal Lake Drive; go 0.4 miles. Stay on Crystal Lake Drive as it turns left and then right. Turn right onto Railroad Ave. Manuel's Bread Café is on the left.

From Macon, GA (136 miles)

Take I-129 North for 13.4 miles. Turn left at GA-44E/US-129N and continue to follow GA-44E until you reach I-20. Take I-20 east for 72 miles. Merge onto Martintown Road; go 3 miles. Turn right at Georgia Ave; go 0.8 miles. Turn right at W. Buena Vista Ave; go 0.4 miles. Turn left at Crystal Lake Drive; go 0.4 miles. Stay on Crystal Lake Drive as it turns left and then right. Turn right onto Railroad Ave. Manuel's Bread Café is on the left.

From Greenwood, SC (56 miles)

Take US-178 E/US 25 S to S Carolina 67 S/Callison Hwy. Take S Carolina 67 S for 15.6 miles, following as it turns slightly left and becomes Walker Road. Go 7 miles on Walker Rd. Take a slight right at N. Martintown Road; go 6.3 miles. Turn right at S. Carolina 230/Martintown Road. Turn right at Georgia Ave; go 0.8 miles. Turn right at W. Buena Vista Ave; go 0.4 miles. Turn left at Crystal Lake Drive; go 0.4 miles. Stay on Crystal Lake Drive as it turns left and then right. Turn right onto Railroad Ave. Manuel's Bread Café is on the left.

From Columbia, SC (75 miles)

Take I-20 W for 62.8 miles. Take exit I toward N. Augusta. Merge onto Martintown Road; go 3 miles. Turn right at Georgia Ave; go 0.8 miles. Turn right at W. Buena Vista Ave; go 0.4 miles. Turn left at Crystal Lake Drive; go 0.4 miles. Stay on Crystal Lake Drive as it turns left and then right. Turn right onto Railroad Ave. Manuel's Bread Café is on the left.

From Greenville, SC (111 miles)

Take US 29 S/Mills Ave to I-184 S; go 9.4 miles. Take exit 7 to merge onto US-25/Augusta Rd toward Greenwood; go 47 miles (road name changes several times, but keep following US 25 S signs). Take slight right on S. Carolina 67 S/Callison Hwy. Take S Carolina 67 S for 15.6 miles, following as it turns slightly left and becomes Walker Road. Go 7 miles on Walker Rd. Take a slight right at N. Martintown Road; go 6.3 miles. Turn right at S. Carolina 230/Martintown Road. Turn right at Georgia Ave; go 0.8 miles. Turn right at W. Buena Vista Ave; go 0.4 miles. Turn left at Crystal Lake Drive; go 0.4 miles. Stay on Crystal Lake Drive as it turns left and then right. Turn right onto Railroad Ave. Manuel's Bread Café is on the left.